



## Hawaii Medical Reserve Corps (MRC)

**MRC volunteers strengthen public health, improve emergency response capabilities, and build community resiliency. JOIN TODAY!**

The MRC is a national organization with over 900 units in all fifty states and territories. The need for the MRC became apparent after the 9/11 terrorist attacks, when thousands of volunteers turned out to help. Overwhelmed, local responders did not have a way to manage or identify these volunteers. As a result, the MRC was established to provide a way to credential, train and activate volunteers during a disaster or public health emergency.

MRC volunteers include medical and public health professionals, as well as other community members. Healthcare background is not required.



## Get Involved!

In the event of a public health emergency or major disaster such as a hurricane or tsunami, local citizens will be called upon to help.

Communities, families, and individuals need to be prepared to care for themselves until help is available.

Partner with the MRC to make your community more prepared.  
**We need your help!**



### HOW DOES THE MRC HELP?

The Hawaii MRC operates under the Hawaii State Department of Health. In a disaster, MRC volunteers may be activated to provide surge capacity to the department and other emergency management partners.

MRC members may assist in shelters, help distribute medicines, or provide information and assistance to the community in other ways as needed.

MRC volunteers attend orientation, quarterly meetings and participate in relevant training activities as their schedule allows.

Volunteers are invited to participate in preparedness exercises, community health activities, flu clinics, vision screening clinics, health fairs and other events.

Due to our geographic isolation, Hawaii's communities must be self-sufficient and resilient.

**Become a volunteer and be better prepared to support your family, friends and community during a disaster!**

### TRAINING

- Basic Orientation
- Psychological First Aid
- Incident Command System (ICS)
- Blood Borne Pathogens
- CPR/AED/First Aid

**Become a member today! Register online at [www.nlk.doh.hawaii.gov](http://www.nlk.doh.hawaii.gov)**

### HOW DO I JOIN?

You can fill out an application online at: [www.nlk.doh.hawaii.gov](http://www.nlk.doh.hawaii.gov) or you can call an MRC Unit Coordinator. An application can be mailed to you.



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### CONTACT US

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**We need you! Call and become a volunteer today.**