

## Become a Pre-Health Career Corps Member

Questions about the Corps?

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Register online:  
[www.ahec.hawaii.edu/phcc](http://www.ahec.hawaii.edu/phcc)  
And signup to  
become a Pre-Health  
Career Corps  
Member Today!



**Hawai'i Pre-Health  
Career Corps**

Executive Director  
**Lisa Rantz**  
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# The benefits of becoming a Pre-Health Career Corps Member

- **Shadowing Healthcare Professionals:** As a Corps member, you are given opportunities to observe health professionals in the workplace to see what a typical workday for them is like.
- **Participate in health-related workshops:** We offer many workshops throughout the year such as our EKG Reading Workshop, Blood Pressure Reading Certification Workshop, AED-Be A Lifesaver, and much more!
- **Gain valuable research experience:** We assist you in finding the right Research opportunity for you.

- **Gain Leadership Experience:** Corps Leaders serve as mentors to high school Corps members. Mentors and mentees email each other at least four times a year, and meet at Corps workshops and events.

- **Participate in Teen Health Camps:** Learn clinical skills, how to suture, how to make a cast, and attend question and answer sessions with health professionals.

- **Receive Monthly Corps e-Newsletters:** Get monthly updates about health -related events and deadlines that are coming up across the State.

- **Receive counseling from our Health Careers Advisor:** Prior to meeting with a health careers counselor, students take a short quiz to assess what health careers best match their interests, personality and skill set.

- **Receive FREE SAT test preparation, peer mentoring, and help with the application process:** We provide assistance with applications, personal statements, resume/CVs, practice interviews.

## Hawai'i/Pacific Basin AHEC

The purpose of the Hawai'i/Pacific Basin AHEC is to improve the health of the underserved through education. There are four main activity areas:

- 1) Educating and recruiting students to health professions from K-12 schools.
- 2) Educating health professions students in the rural and underserved communities of Hawai'i, often in multi-professional teams.
- 3) Recruiting health care professionals to rural and underserved areas and providing continuing education.
- 4) Providing community based and community driven education for all underserved groups in Hawai'i.

## Why we need you?

Hawai'i has a significant workforce shortage, mainly in primary care in rural areas. Alone, the demand for primary care physicians is 447, and when combined with the shortage of Physician Assistants and Nurse Practitioner, the shortage is 511 full-time workers.

These shortages permeate almost every area of the state. Based on the number of providers trained, it is estimated that all training must double or triple to meet local primary care needs!

## Planning for your future!

The Hawai'i Pre-Health Career Corps is a **FREE** program for High School and Undergraduate students who are interested in pursuing or learning about careers in health.

This includes those who are interested in medicine, nursing, social work, physical therapy, speech pathology, public health, medical technology, EMT, veterinary science AND MUCH MORE!